

FOOD & DRINK SPECIAL

# BOAT

International

*"I'd like to build  
a 10,000GT  
explorer"*

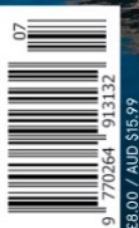
KING BENJI'S OWNER  
JOSH GOLDER  
EYES THE FUTURE

TASTE THE MED

*Discover the secret tables  
perfect for visitors by boat*

THE  
WORLD  
SUPERYACHT  
AWARDS

*All the winners  
revealed*



## MASTER STROKE

GRAND DESIGN ON 112M RENAISSANCE,  
THE HOTTEST NEW CHARTER AFLOAT

MILELE: *the explorer with a  
hidden sub and cinema*

GRAPE EXPECTATIONS: *the  
best vineyards on the market*

ELECTRIC SHOCK: *on board  
Riva's green El-Iseo runabout*

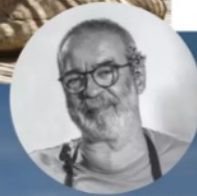


*Pere Ubu Mykonos at Kalesma offers the epitome of "luxury in simplicity"*



## Chef's Secrets

Costas Tsingas reveals the culinary highlights of the Greek island of Mykonos to *Georgia Boscawen*



**K**alesma is a tumble of whitewashed suites running down the cliffs to Ornos Bay in Mykonos's south-western corner. Its restaurant, Pere Ubu Mykonos, is helmed by chef Costas Tsingas, whose skill with classic Greek flavours is delivered using modern techniques based on the concept of "luxury in simplicity".

**Which foods and dishes should first-time visitors to Mykonos try?**

I highly recommend the Mykonian sausage, luza (cured pork tenderloin), the rich variety of local cheeses and beautifully sweet sea urchin.

**Which is your favourite restaurant in the Greek Islands?**

Araklia in Iraklia, which is a tiny Cycladic island between Naxos and Ios. The restaurant sits on a hill with fine views across the sea.

**Where is the best spot for a picnic in Mykonos?**

When people think of Mykonos, they quite often think about the bustling town and busy beaches, but a huge amount of the island is rugged and untouched. Experience this at the quieter beaches such as Loulos on the south coast. I would even suggest going in the early morning for breakfast to catch the sunrise in solitude. For lunch on the rocks, however, I would bring fresh tomatoes covered in local olive oil, octopus drenched in lemon and garlic and artichokes from a farm in Tinos. Sitting in a place like this reminds me why Mykonos is so magical. I could sit here from sunrise to sunset.

**Which restaurants around the world would you like to visit?**

Rabbit in London and Contra in New York City. [kalesmamikonos.com](https://kalesmamikonos.com)

Sea Spa



## Six Senses Kaplankaya, Bodrum, Turkey

**Where is it?** On a secluded stretch by the Aegean Sea, an hour from Bodrum, the sprawling Six Senses Kaplankaya is a bastion of relaxation. With a plant-covered living roof, the hotel's modern structure blends seamlessly with the tree-studded coastline.

**Why the hype?** This 10,000m<sup>2</sup> compound offers a pioneering wellness programme. You can unwind in hydrothermal areas and hammams, bliss out in the meditation cave or work up a sweat in the state-of-the-art gym. Bespoke wellness programmes focus on longevity, biohacking and sleep.

**What to have?** The must-try here is a Watsu treatment, which blends the therapeutic power of water with a Japanese shiatsu massage. Your water therapist will lead you through gentle, flowing movements to soften muscles and open energetic pathways. Triggering both physical and emotional release, Watsu has been used to treat chronic pain and stress.

**Best by boat** Have the tender drop you off at Marina Beach and you'll be whisked to the heart of the resort. [sixsenses.com](https://sixsenses.com)

